

# Highlights of your Healthcare Coverage: Basic

Effective Date: 11/01/2017

## PREMERA EDUCATION PROGRAM

### Plan enhancements:

- Temporomandibular joint (TMJ) disorders are covered in medical benefits like any other service.

Any deductibles, copays, and coinsurance percentages shown are amounts for which you're responsible.

Medical Benefits apply after the calendar-year deductible is met unless otherwise noted, or if the cost share is a copay.

MEDICAL PLAN		BASIC: \$2,100/30%/\$6,600/\$35 - HERITAGE	
		HERITAGE IN-NETWORK	OUT-OF-NETWORK
<b>MEDICAL COST SHARE OPTIONS</b>			
Individual Deductible Per Calendar Year (PCY) (Family embedded deductible 2X Individual)		\$2,100 PCY	\$2,500 PCY
Coinsurance (Member's percentage of costs after deductible based on allowable charges)		30%	50%
Individual Out-of-Pocket Maximum (OOP) PCY, includes deductible, coinsurance, copay and pharmacy if applicable (Family embedded OOP max 2X Individual)		\$6,600 PCY	Not applicable
Office Visit Cost Share		Non-Specialist: \$35 copay, applies to OOP max; Specialist: \$50 copay, applies to OOP max	Out-of-network deductible, then 50%
<b>PREVENTIVE CARE OPTIONS AND HEALTH EDUCATION</b>			
Preventive Office Visit (Unlimited)		Covered in full	Not covered
Vaccinations (Unlimited)		Covered in full	Not covered
Health Education (HE) (Unlimited)		Covered in full	Not covered
Nicotine Dependency Programs (ND) (Unlimited)		Covered in full	Out-of-network deductible, then 50%
Diabetes Health Education (DE) (Unlimited)		Covered in full	Out-of-network deductible, then 50%
<b>PROFESSIONAL CARE</b>			
Professional Office Visit		Non-Specialist: \$35 copay, applies to OOP max; Specialist: \$50 copay, applies to OOP max	Out-of-network deductible, then 50%
Maternity; Prenatal Care		Covered in full	Out-of-network deductible, then 50%
Inpatient Professional Services		In-network deductible, then 30%	Out-of-network deductible, then 50%
Contraceptive Management Services (Unlimited)		Covered in full	Out-of-network deductible, then 50%
<b>DIAGNOSTIC SERVICE OPTIONS</b>			
Preventive Professional Diagnostic Imaging and Laboratory Services - Including Mammogram and PAP/PSA		Covered in full	Out-of-network deductible, then 50%
Other Professional Diagnostic Imaging		In-network deductible, then 30%	Out-of-network deductible, then 50%
Other Professional Diagnostic Laboratory/Pathology		In-network deductible, then 30%	Out-of-network deductible, then 50%
Diagnostic Mammography		In-network deductible, then 30%	Out-of-network deductible, then 50%
<b>FACILITY CARE OPTIONS</b>			
Inpatient Facility		In-network deductible, then 30%	Out-of-network deductible, then 50%
Outpatient Surgery Facility		In-network deductible, then 30%	Out-of-network deductible, then 50%
Hospice Inpatient Facility (10 days inpatient; within the 6 month lifetime maximum)		In-network deductible, then 30%	Out-of-network deductible, then 50%
<b>EMERGENCY CARE AND TRANSPORTATION OPTION</b>			
Emergency Care (If applicable, waive copay if admitted to inpatient facility)		\$200 copay applies to the OOP max, then in-network deductible, 30%	\$200 copay applies to the OOP max, then in-network deductible, 30%
Emergency Room Physician		In-network deductible, then 30%	In-network deductible, then 30%
Urgent Care Center		Non-Specialist: \$35 copay, applies to OOP max; Specialist: \$50 copay, applies to OOP max	Out-of-network deductible, then 50%

	<b>BASIC: \$2,100/30%/\$6,600/\$35 - HERITAGE</b>	
	<b>HERITAGE IN-NETWORK</b>	<b>OUT-OF-NETWORK</b>
Ambulance Transportation (Unlimited)	In-network deductible, then 30%	In-network deductible then 30%
Air Ambulance (Unlimited)	In-network deductible, then 30%	In-network deductible then 30%
<b>OTHER SERVICES</b>		
Allergy/Therapeutic Injections	In-network deductible, then 30%	Out-of-network deductible, then 50%
Mental Health Inpatient Facility Care (Unlimited)	In-network deductible, then 30%	Out-of-network deductible, then 50%
Mental Health Outpatient Professional Care (Unlimited)	Non-Specialist: \$35 copay, applies to OOP max	Out-of-network deductible, then 50%
Chemical Dependency Inpatient Facility Care (Unlimited)	In-network deductible, then 30%	Out-of-network deductible, then 50%
Chemical Dependency Outpatient Professional Care (Unlimited)	Non-Specialist: \$35 copay, applies to OOP max	Out-of-network deductible, then 50%
Rehab Inpatient Facility (30 days PCY)	In-network deductible, then 30%	Out-of-network deductible, then 50%
Rehab Outpatient Care, Including Physical, Occupational, Speech and Massage Therapy (30 visits PCY)	Specialist: \$50 copay, applies to OOP max	Out-of-network deductible, then 50%
Rehab Outpatient Care Chronic Conditions, Including Cardiac, Pulmonary Rehab, Chronic Pain, and Cancer	Specialist: \$50 copay, applies to OOP max	Out-of-network deductible, then 50%
Medical Supplies, Equipment, Prosthetics (Unlimited)	In-network deductible, then 30%	Out-of-network deductible, then 50%
Foot Orthotics, Orthopedic Shoes and Accessories (One pair max PCY (no \$ limit) (Unlimited Diabetes Related))	In-network deductible, then 30%	Out-of-network deductible, then 50%
Home Health Visits (130 visits PCY)	In-network deductible, then 30%	Out-of-network deductible, then 50%
Hospice Care (Hospice Home Visits: Unlimited; Respite: 240 hours; within the 6 month lifetime maximum)	In-network deductible, then 30%	Out-of-network deductible, then 50%
TMJ (Temporomandibular Joint Disorders) (Unlimited (Medical and Dental services - Medical and Dental cost shares based on type of service)	Covered as any other service	Covered as any other service
<b>ALTERNATIVE CARE</b>		
Manipulations (Spinal and other) (12 visits PCY)	\$35 copay (applies to OOP max)	Out-of-network deductible, then 50%
Acupuncture (12 visits PCY)	\$35 copay (applies to OOP max)	Out-of-network deductible, then 50%
<b>ANNUAL PLAN MAXIMUM</b>		
Annual Plan Maximum	Unlimited	Unlimited
<b>PRESCRIPTION DRUGS</b>		
Drug List	B4	Not covered
Retail Cost Shares	\$15/\$30/\$50/30%	Not covered
Mail Cost Shares	\$30/\$60/\$100/30%	Not covered
Day Supply	Retail: 30 Days; Mail Order: 90 Days; Specialty: 30 Days	Not covered
Individual Deductible PCY	\$750 PCY	Not covered
Family Deductible PCY	Family Deductible 2X Individual	Not covered
Out of Pocket Maximum	Applies to the medical out of pocket maximum	Not covered
Specialty Pharmacy Out of Pocket Maximum	Applies to the medical out of pocket maximum	Not covered
<b>SYMETRA LIFE AND AD&amp;D INSURANCE</b>	\$25,000 Term Life and AD&D for employee only	

Copays are not subject to the deductible unless otherwise noted.

Pre-approval is required for many services to be covered. For more information please refer to your benefit booklet.

PCY = Per Calendar Year. Balance billing may apply if a provider is not contracted with Premera Blue Cross. Members are responsible for amounts in excess of the allowable charge.

*This is not a complete explanation of covered services, exclusions, limitations, reductions or the terms under which the program may be continued in force. This benefit highlights is not a contract. For full coverage provisions, including a description of waiting periods, limitations and exclusions please contact Customer Service.*